

# Where Vision Meets Reality

Unlock the Secrets to Transforming  
Rural Healthcare Facilities



STROUDWATER  
CAPITAL PARTNERS

Rio Grande  
HOSPITAL



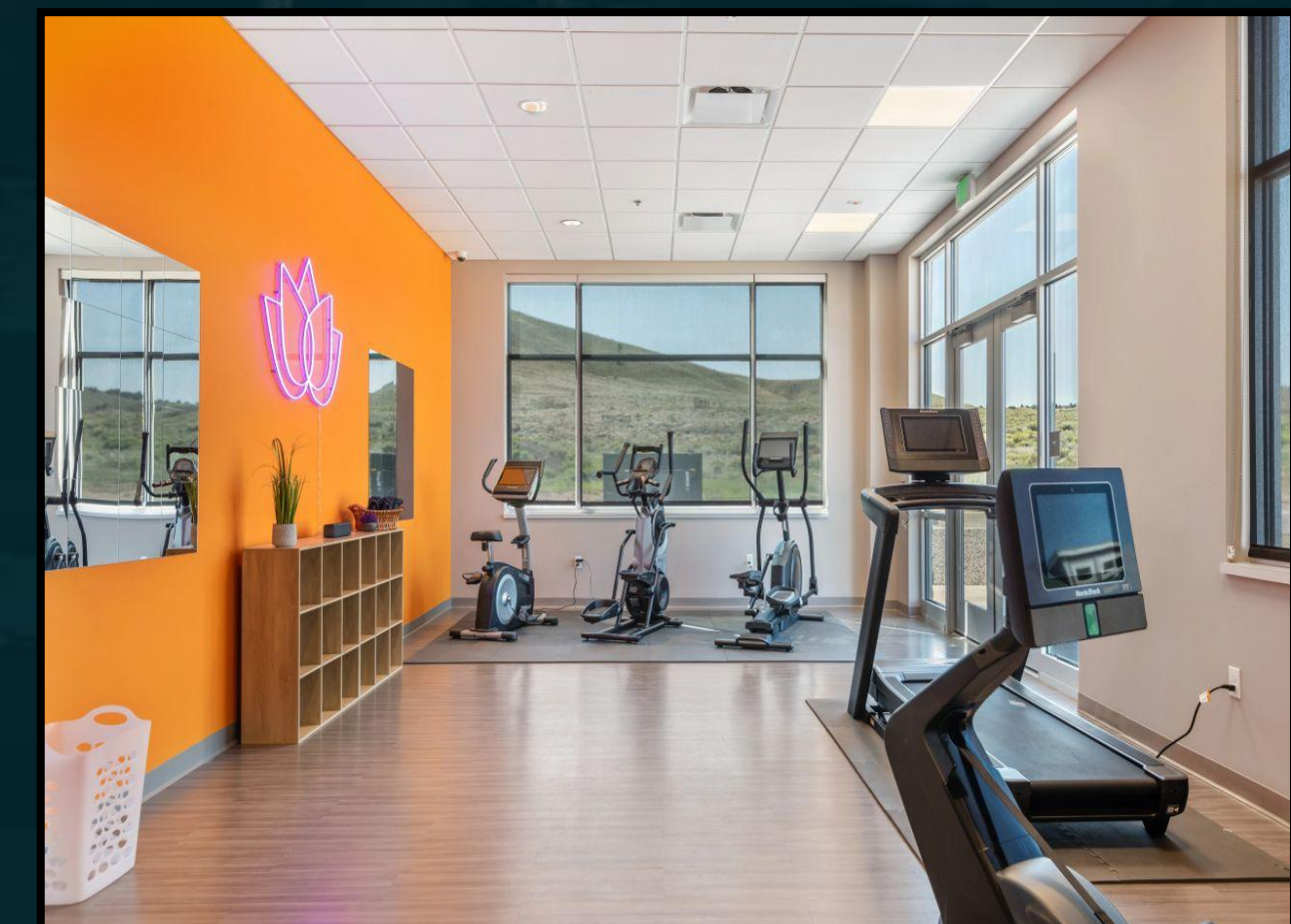
Wellness Center



# Rio Grande Hospital Wellness Center

Del Norte, CO

A Vision Realized





# Rio Grande Hospital Wellness Center

Del Norte, CO

## A Vision Realized

### ACTIVITIES

- Employee Wellness Program
- Dimensions training, exercise regularly, iFIT monitoring
- Nature Rx training
- Sensory immersion walk
- Meditation training
- Website
- Newsletter
- Indian cuisine cooking class
- Lavender
  - Medicinal and culinary
- Community events
- 4 tiny homes
  - 80% utilization
- Gardening classes



# The One Thing

Calm doesn't come *after* chaos. It comes from clarity *during* it.

**Peace isn't the reward for chaos ending—it's the skill of staying clear in the middle of it.**

Don't wait for the storm to pass. Learn to see through it.

**Clarity is your compass.**

When the world feels unstable, your values and decisions keep you grounded and on course.

**Lead from the eye of the storm.**

Real leadership doesn't hide from complexity—it moves through it with vision and calm.



PHOTO BY ANDRIY OLKHOVYY ON VECTEEZY



# The Too Familiar Delayed Project Story

**“Waiting felt safe. It cost them 16 years and millions of dollars.”**

**Waiting felt safe:** A cautious approach postponed action, prioritizing perceived risk avoidance over momentum.

**It cost them 16 years:** Delaying action led to skyrocketing costs—more than double—just to meet the same needs, while also draining resources, wasting time, and forcing continued reliance on outdated, inefficient facilities.

## Costs Spiral on Rural Hospital

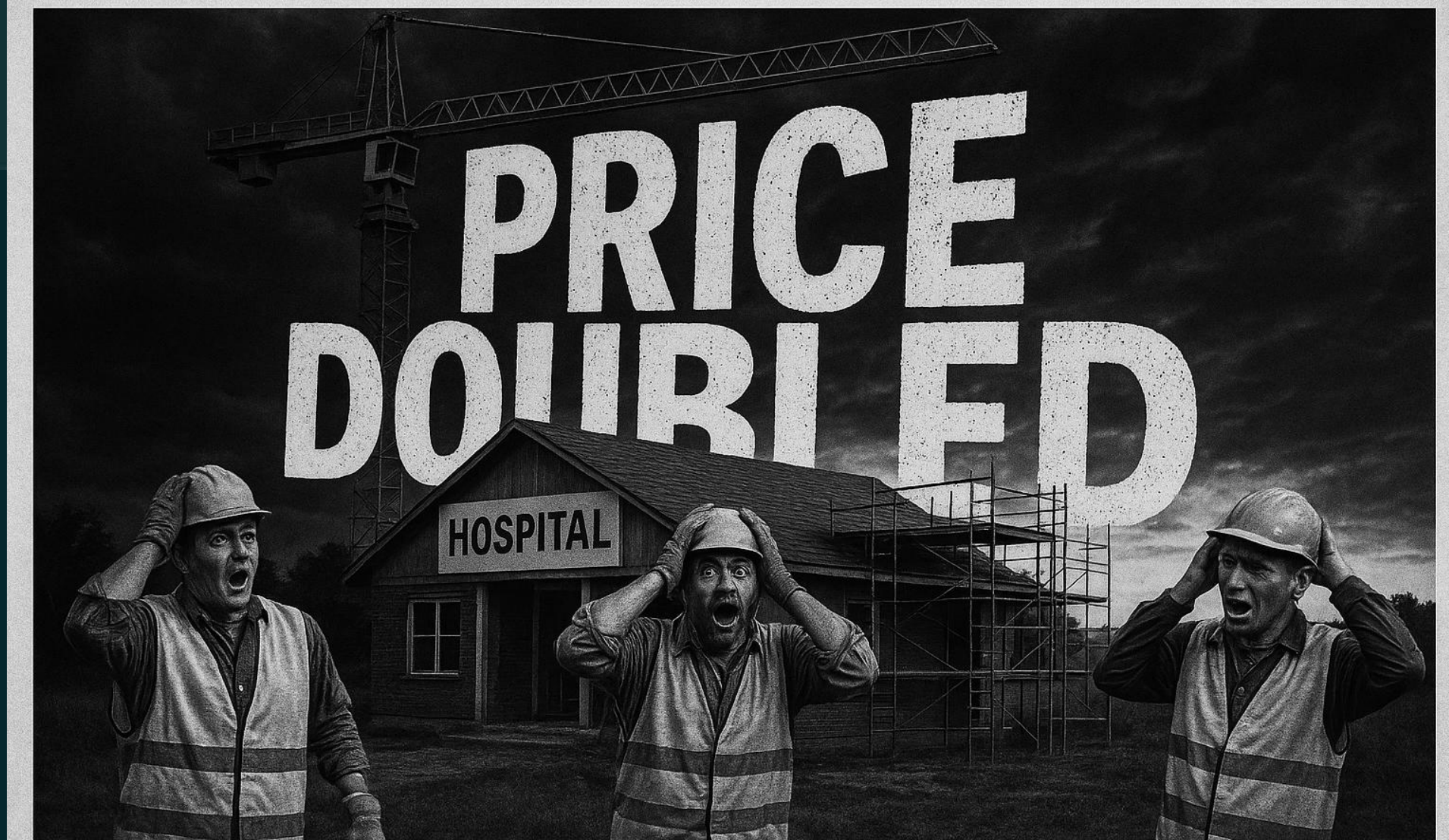


IMAGE: GENERATED BY OPENAI'S DALL·E VIA CHATGPT



# You Can't Control the Wind

*"So you learn how to sail."*

**You can't control the wind, the waves, or the tide—but you *can* master the sail.**

The environment is outside of you. Sailing is within you. Control what you can: your skills, your mindset, your response.

**The sea is not your enemy—it's your amplifier.**

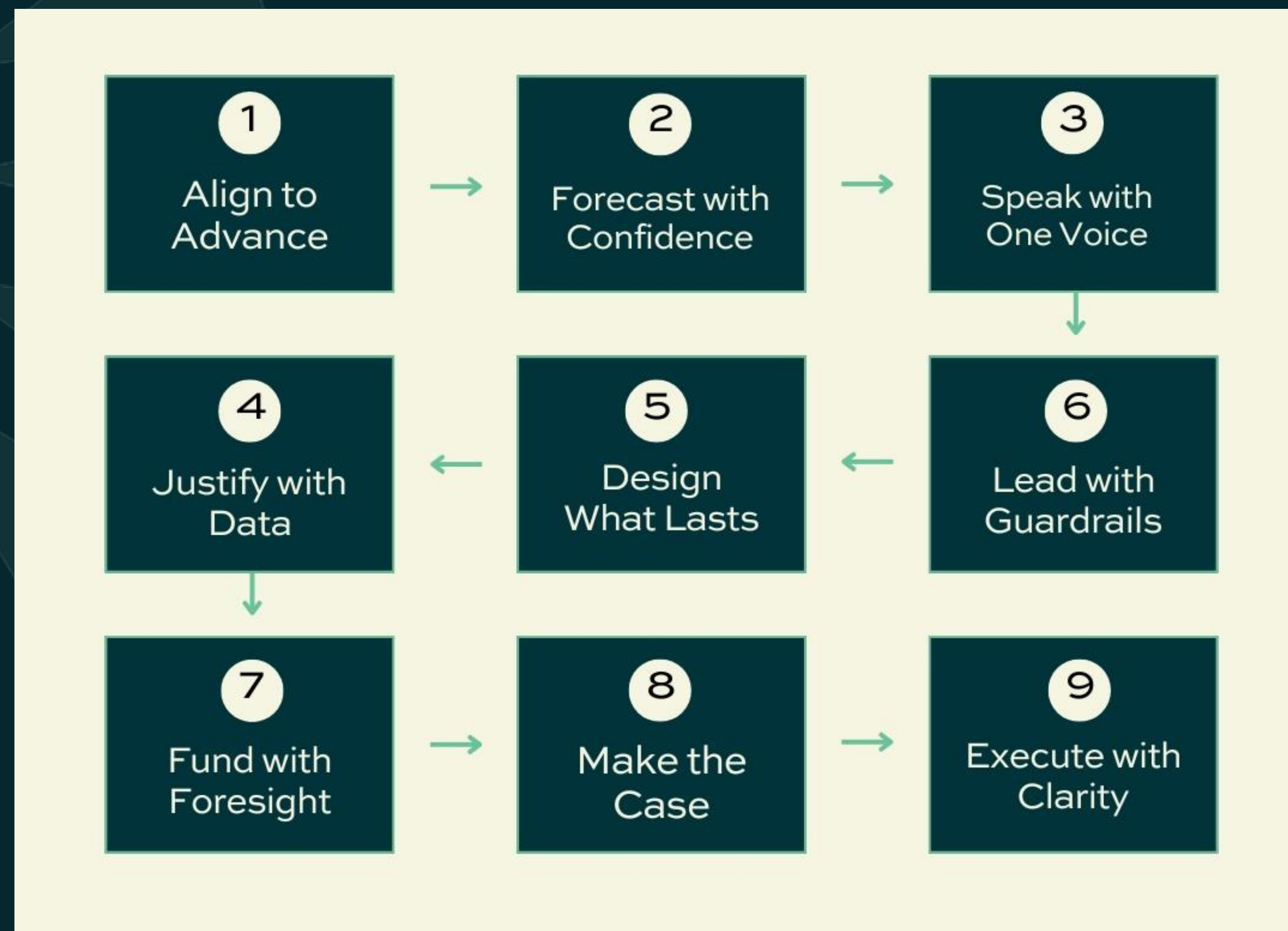
When you align with the conditions instead of resisting them, you harness their energy to move farther, faster, and with less effort.



PHOTO BY ALFONSO ESCU ON UNSPLASH

# The Mission-Grown Method

9 Steps to Build with Purpose, Not Pressure





# 1 – Align to Advance

“Connecting Strategy to Capital Impact.”

Shift from project planning to capital leadership rooted in mission.

Align what you build — and how you talk about it — with strategic goals.

When your team connects projects to priorities out loud, alignment becomes real.

How clearly does your team connect your capital project to your organization's long-term vision?



PHOTO BY WYLLY SUHENDRA ON UNSPLASH



## 2 – Forecast with Confidence

“Turning Trends into Space Planning.”

Forward-thinking isn't guessing — it's translating trends into action.

Use data-driven projections and debt capacity to anchor your vision.

Precision planning means dreaming big within real-world guardrails.

How well does your team currently use financial, service, and population trends to forecast space?



PHOTO BY ARNAUD WEYTS ON UNSPLASH



# 3 – Speak with One Voice

“Building Alignment Across Leadership.”

Alignment isn't about agreement — it's about clarity and shared voice.

Define roles, unify language, and replace “my idea” with “our decision.”

Shift from siloed input to system-wide accountability and momentum.

How well are executive, board, and clinical voices aligned around your capital project?



PHOTO BY ROD RAGLIN ON FLICKR



# 4 – Justify with Data

“Turning Evidence into Actionable Design.”

Credibility grows when intuition gives way to evidence.

Swap “we think” for “the data shows” to earn trust and sharpen scope.

Ground every decision in measurable need — it’s how smart projects get funded.

How consistently does your team use data to justify scope and space?





# 5 – Design What Lasts

“Building Flexibility into Function.”

Future-ready leaders design for change, not just for today.

Shift from fixed plans to flexible, modular solutions that adapt over time.

When your spaces evolve with care, your impact outlasts the blueprint.

How well does your team prioritize flexibility and future-readiness in design?



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# 6 – Lead with Guardrails

“Avoiding Pitfalls and Protecting Scope.”

Great execution isn't reactive — it's protected by design.

Shift from watching risk to actively guarding scope with discipline.

Strategic leaders don't just build projects — they protect intent with structure.

How effectively does your team identify and prevent scope drift during capital projects?



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# 7 – Fund with Foresight

“Stacking Capital for Strategic Growth.”

Capital follows clarity, not volume — readiness attracts resources.

Shift the question from “Where’s the money?” to “How do we show we’re ready?”

Use investment language not to impress, but to inspire confidence and signal preparedness.

How clearly can your team describe its funding strategy and financial readiness?





# 8 – Make the Case

“Framing Your Capital Vision for Buy-In.”

This is the pivot: from explaining a project to championing a cause.

Blend head and heart — data-backed storytelling inspires belief, not just buy-in.

When framed as mission-driven impact, your project attracts support instead of chasing it.

How compellingly do you present your capital project to boards, funders, and your community?



CREATIVE COMMONS



# 9 – Execute with Clarity

“Mapping Roles, Milestones, and Momentum.”

Progress stalls not from lack of vision, but from unclear ownership—this method changes that.

Teams move from vague plans to concrete action, with visible milestones and real accountability.

When someone says “I own this,” momentum shifts from potential to progress.

How well-defined are your team’s next steps, roles, and phase milestones for your capital project?



PHOTO BY STARTAÊ TEAM ON UNSPLASH



# Rio Grande Hospital and Wellness Center

Del Norte, CO

***“The power of community to create health is far greater than any physician, clinic or hospital”. - M. Hyman, M.D.***

## CAMPUS DEVELOPMENT

- Initial replacement facility completed in 2004
- Clinic building in 2010
- Outpatient expansion added in 2017
- Named 2025 Top 20 Critical Access Hospitals in America based on the Chartis Rural Hospital Performance INDEX™





# Let's Connect



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